

Practice: September 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2 11a Pilates Mat Plus! [Jenny]	3	4 10a Matwork [Kitty]	5
6 HAPPY LABOR DAY!	7 11a Matwork [Jenny] 6p Group Reformer [Mary]	8	9 11a Pilates Mat Plus! [Jenny]	10	11 10a Matwork [Kitty]	12
13	14 11a Matwork [Jenny] 6p Group Reformer [Mary]	15	16 11a Pilates Mat Plus! [Jenny]	17	18 10a Matwork [Kitty]	19
20	21 11a Matwork [Jenny] 6p Group Reformer [Mary]	22	23 11a Pilates Mat Plus! [Jenny]	24	25 10a Matwork [Mary]	26
27	28 11a Matwork [Jenny] 6p Group Reformer [Mary]	29	30 11a Pilates Mat Plus! [Jenny]			

EVENTS

CLASS CHANGES:

Classes are now being held in-studio

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